



# PARTICIPANTS NEEDED!

## SEEKING TEENS AND PARENT/GUARDIANS FOR NIMH-FUNDED STUDY

### RECEIVE PAYMENT FOR YOUR TIME

#### WHO IS ELIGIBLE?

- Youth (ages 13-18)
- Parents/Guardians of youth ages 13-18
- Both own a smartphone
- Both are fluent in English

#### COMPENSATION

- Parents/Guardians: Up to \$240
- Youth: Up to \$140
- Providers: \$50

#### WE NEED REFERRALS FROM:

Professionals who work with youth who have externalizing behaviors

- Therapists/counselors
- Juvenile justice personnel
- Case managers
- Other professionals and service providers

#### DETAILS

- We are running a study for teens with behavioral problems and their parents that will help us know whether the app we have developed, called iKinnect, is helpful.
- Parent/guardian-teen pairs will be randomly assigned to use our iKinnect app or a similar app called Life360. iKinnect is a mobile app designed to provide youth rewards for positive behavior and to help their parents monitor youth's whereabouts and activities.
- Parent/guardian-teen pairs will use the app on their own smartphones for 12 weeks and complete four brief interviews/surveys, each lasting no longer than one hour, about their experiences using the app.
- A parent/guardian's or teen's decision to participate will not effect their legal status or treatment services
- Providers of families assigned to iKinnect will be asked to provide their impressions of iKinnect's helpfulness (if they are willing).

#### ENROLLMENT

Please visit [www.ikinnectapp.com](http://www.ikinnectapp.com) to enroll your parent/teen. If you prefer, you may contact us at (206) 717-5666.